

*WELCOME TO*

# TUCKSHOP AT SILY

## *POKE, TOASTIES & TUCKSHOP CLASSICS*

Check boards for the daily special,  
and don't forget to combo up with  
your favorite snacks and drinks.

Served in-house or take-away. Weekdays from 11.30am - 2:00pm.

Groups of 10 or more attract a 10% service charge

# TUCKSHOP AT SILY

## **POKE** (pronounced Poh-kay)

**ALL POKE: \$15**

Essentially Sushi in a bowl, but with loads more texture and flavour. Super healthy and super delicious, it makes the perfect lunch.

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### **STEP 1 - CHOOSE YOUR BASE**

Seasoned White Sushi Rice, Shredded Kale and Cabbage, of half/half.

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### **STEP 2 - CHOOSE YOUR PROTEIN**

Salmon, Chicken, or Tofu

Tuna (+ \$2)

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### **STEP 3 - CHOOSE YOUR FLAVOUR**

Traditional: Bean Sprouts, Edamame, Shallots, Spring Onion, Enoki Mushrooms, Cucumber, Seaweed Salad, Pickled Ginger with Shoyu Dressing (Add Avocado + \$2).

Miso Ginger: Bean Sprouts, Edamame, Shallots, Spring Onion, Snow Peas, Carrot, Macadamia Nuts, and Miso Ginger Dressing (Add Avocado + \$2).

Spicy: Bean Sprouts, Edamame, Shallots, Spring Onion, Enoki Mushrooms, Cucumber, Carrot, Green Chilli, Coriander, Chilli Shoyu Dressing, with Sriracha Kewpie (Add Avocado + \$2).

Thai Style: Bean Sprouts, Edamame, Shallots, Spring Onion, Green Papaya, Carrot, Cucumber, Coriander, Mint, Roasted Peanuts, with Thai Style Dressing (Add Avocado + \$2).

# TUCKSHOP AT SILY

## WAFFLES

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**WAFFALAFELS (V)** \$10  
Crispy Waffle-Cooked Falafels, served w/ Lemon Tahini Sauce.

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**PUFFALO CHICKEN WAFFLES** \$14  
Buffalo Chicken Inside Waffle Batter, with a Mild Blue Cheese Sauce.

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## TOASTIES

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**CHEESE 'N ONIONS (V)** \$12  
Caramelised Onions and Gruyère Cheese. Simple yet oh so effective.

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**CHILI CON FRIJOLES (V)** \$12  
Smoky Mexican Bean Chilli and Gruyère Cheese. Served with Lime and Coriander Sour Cream.

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**THE CHEESEBURGER TOASTIE** \$13  
Ground Beef Patty, Caramelised Onions, Cornichons, Le Superbe Swiss Gruyère Cheese, Ketchup & Mustard. Served w/ a side of French Fries™ Potato Crisps.

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**BACON MAC N CHEESE** \$13  
Mac n Cheese, Bacon, Chives, Gruyère Cheese. Served with a side of Maple Syrup.

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**POLLO PICANTE 2.0** \$13  
Mexican Spiced Chicken, Pico de Gallo, Tomato Salsa, served with Guacamole

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# TUCKSHOP AT SILY

## DAILY SPECIALS

### MONDAY – MELT DOWN

\$12

Buffalo Chicken (Gruyere Cheese & Mild Blue Cheese Sauce)

Tuna (Tomato, Red Onion, Garlic, Herbs, Mayo, Gruyere Cheese)

Caprese (V) (Tomato, Basil, Red Onion, Gruyere Cheese, Bal. Glaze)

### TUESDAY – WAFFALAFEL PITA POCKETS

\$12

Waffle-cooked Falafels, Salad, Lemon Yogurt Tahini, & Garlic Sauce

### WEDNESDAY – HOT DOGS

\$12

Classic American (Cheese, Gherkin Relish, Ketchup, Mustard)

Danish Pølse (Remoulade, Pickled Sliced Cucumber, Fried Shalots)

Chez Dawg (Sautéed Capsicum and Onions, Mustard, Blue Cheese Sauce)

### THURSDAY – PASTA

\$12

Each week a different classic house-made sauce is served over fresh cooked pasta.

### FRIDAY – SCHNITTY SANGAS

\$12

Parmesan Crumbed Schnitzel, Homemade Aioli, Baby Spinach, served on Turkish Bread